



## Paging Gossip Girl

Dr. Imber treats clients at his plush, secluded Upper East Side practice in NYC. Check it out at [youthcorridorclinic.com](http://youthcorridorclinic.com).



# The Skin Doc IS IN!

In pursuit of complexion perfection, *Star* got a checkup from renowned antiaging expert **Dr. Gerald Imber**.

**A**s a top-ranked plastic surgeon and bestselling author, Dr. Imber's services are normally reserved for celebs and socialites. Here, he exclusively shares his expertise with *Star* on maintaining gorgeous skin at every age.

### Aside from sun damage, what affects skin aging?

Lifestyle factors like smoking, gaining and losing weight and other metabolic issues — some that you do not have control over.

### What's one step everyone can take to safeguard their skin?

Men and women should apply a vitamin C serum daily to protect against the sun, treat dark spots and even skin tone. As you get older, incorporate a retinoid to help rejuvenate skin and target fine lines and wrinkles.

### What's the most sought-after procedure at your practice?

The most popular treatment at the Youth Corridor Clinic is our exclusive No Peel Peel, a highly effective chemical peel that doesn't require downtime. At my surgical practice, fat transfers are highly requested.

### Describe what treatments tend to spike this time of year.

During the fall, sun exposure lessens — and we see an increase in the use of laser and IPL treatments to reduce dark spots.

### What do you recommend to someone just starting to see signs of aging?

Younger people benefit from injecting little drops of Botox into frown lines and smile lines. I also suggest fat transfer since it adds angularity and fills in folds with the potential for permanent correction. ★



**Youth Corridor**  
Ultimate Antioxidant C Boost Serum, \$195, [youthcorridor.com](http://youthcorridor.com)